

## “The Biosphere Diet and Crew Productivity”

The diet provided all nutrients required ...but was calorie restricted due to lowered levels of food production from low light *transmission*, cloudy winters and pest *infestations*. This led to weight loss, low energy levels, and contributed to the “irritability of the crew. There was also food stealing...”

**transmission:** the act or process by which something is spread or passed from one person or thing to another

**infestation:** to inhabit or overrun in numbers or quantities large enough to be harmful,